



Physiotherapy



Occupational
Therapy



Podiatry



Dietetics



Speech
Pathology

Plena Healthcare Community Manual Handling Training



 136 033

plenahealthcare.com.au
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Healthcare

Community Manual Handling Training

Plena Healthcare delivers a dynamic Manual Handling Training to providers that is tailored to the needs of home care organisations, and the needs of the consumers your team care for. We aim to deliver a comprehensive and quality service that provides staff with the confidence to perform their roles safely and efficiently.

For all our Manual Handling Training options, Plena Healthcare will:

- Deliver training that is based on **National Workplace Health and Safety Legislation.**
- Utilise Senior Physiotherapists and Occupational Therapists who are experienced in the community aged care space and understand the unique and complex needs of aged care consumers and carers.
- Provide comprehensive training, which includes an interactive educational presentation focused on key Workplace Health and Safety fundamentals.
- Facilitate practical description, demonstration or assessment of core competencies required for workers to perform their duties.
- Empower your staff to create a safe workplace for consumers, carers, volunteers, and themselves, using knowledge to apply safe work practices and principles into their dynamic work environments.

How to Book

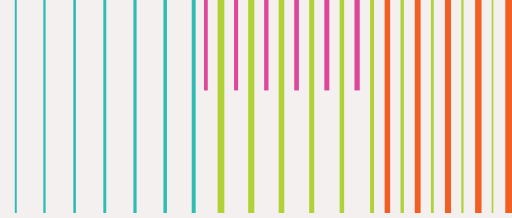


In order to make a booking for your team to receive Manual Handling Training onsite, please contact community@plenahealthcare.com.au with the following details:

- Location(s) of training
- Number of staff requiring training
- **Care Worker** or **General Service Officer** training required (see below)
- Preference for **Demonstrated** or **Assessed competencies**

A member of our team will then get in touch to discuss the needs of your organisation as required.

Types of Manual Handling Training



Manual Handling Training for Care Workers

OBJECTIVE

Our core objective of this course is to ensure Care Workers and other staff providing hands on care services to consumers have the adequate skills and techniques to ensure a safe working environment. Following a comprehensive educational seminar, staff will be demonstrated or assessed on the below competencies.

What's included:

Interactive Educational Seminar
Demonstration or Assessment of 18 Core Competencies

ON SITE TIME

2.5 – 3.5 Hrs

NUMBER OF STAFF

10 Maximum staff per session

REQUIRED EQUIPMENT

TV/Screen/Room	Manual Wheelchair
Connectivity cord	Walking frame (4WW & PUF)
Electric bed	Mop
Slide sheet	Vacuum
Full Body Sling/s	Car
Hygiene Sling/s	HandyBar
Stand lifter sling	Chair with arm rests (x2)
Full hoist Lifter	
Stand Lifter	

COST

Demonstrated Competency (2.5 Hrs) = **\$450 (Ex GST)**
Assessed Competency (3.5 Hrs) = **\$600 (Ex GST)**

Manual Handling Training for General Service Officers

OBJECTIVE

This course is designed specifically for non-consumer facing staff such as administrative and head office team members and focuses on common day to day tasks required to perform their roles safely and effectively. Following a comprehensive educational seminar, staff will be demonstrated or assessed on the below tasks.

What's included:

Interactive Educational Seminar
Demonstration or Assessment of 13 Core Competencies

ON SITE TIME

1.5 – 2 Hrs

NUMBER OF STAFF

10 Maximum staff per session

REQUIRED EQUIPMENT

TV/Screen/Room
A box (to pick up and place on a bench)
Trolley
Mop and bucket
Anything specific to a workplace should be flagged in advance

COST

Demonstrated Competency (1.5 Hrs) = **\$300 (Ex GST)**
Assessed Competency (2 Hrs) = **\$375 (Ex GST)**