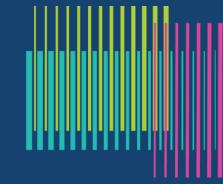
## **JOIN US FOR**



## Sip δ Swallow: **Every Mouthful Matters**

Join Plena Healthcare Speech Pathology and Dietetics to learn nutrition and hydration in older people. This full day session offers the opportunity to come together to learn about improving nutrition through a food first approach, avoiding unplanned weight loss, supporting people with dysphagia, providing texture modified foods and drinks that are IDDSI compliant, and prevention aspiration and choking.

## **DETAILS**

- Thursday 14 March 2024
- Commencing from 8:30am AEDT Concluding at 4:30pm AEDT
- Strathfield Golf Club 52 Weeroona Road, Strathfield NSW
- Early Bird Deal: \$355 General Admission: \$425

## **REGISTER NOW**

Early bird closing date O9/O2/2O24

Only 50 tickets available, so don't miss out!





(2) 136 033



info@plenahealthcare.com.au





