

JOIN US FOR

Sip & Swallow: Every Mouthful Matters

Join Plena Healthcare Speech Pathology and Dietetics to learn nutrition and hydration in older people. This full day session offers the opportunity to come together to learn about improving nutrition through a food first approach, avoiding unplanned weight loss, supporting people with dysphagia, providing texture modified foods and drinks that are IDDSI compliant, and prevention aspiration and choking.

DETAILS

-  **Thursday 14 March 2024**
-  **Commencing from 8:30am AEDT**
Concluding at 4:30pm AEDT
-  **Strathfield Golf Club**
52 Weeroona Road, Strathfield NSW
-  **Early Bird Deal: \$355**
General Admission: \$425



REGISTER NOW

Early bird closing date 09/02/2024

Only 50 tickets available, so don't miss out!



 136 033

 info@plenahealthcare.com.au

Buy 5,
Get the 6th
FREE
EARLY BIRD
DEAL

