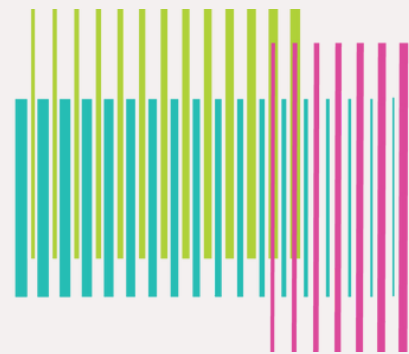


JOIN US FOR



# Sip & Swallow: Every Mouthful Matters

Join Plena Healthcare Speech Pathology and Dietetics to learn nutrition and hydration in older people. This full day session offers the opportunity to come together to learn about improving nutrition through a food first approach, avoiding unplanned weight loss, supporting people with dysphagia, providing texture modified foods and drinks that are IDDSI compliant, and prevention aspiration and choking.

## DETAILS

-  **Thursday 7 March 2024**
-  **Commencing from 8am AEST**  
Concluding at 4pm AEST
-  **Victoria Park Entertainment Precinct**  
309 Herston Rd, Herston, QLD, 4006
-  **Early Bird Deal: \$355**  
General Admission: \$425



## REGISTER NOW

Early bird closing date 09/02/2024

Only 50 tickets available, so don't miss out!



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