

# In-Home Allied Health Referral Form



Click here for the **Group Based Training Referral Form** Click here for the **NDIS Allied Health Referral Form**

136 033 [community@plenahealthcare.com.au](mailto:community@plenahealthcare.com.au) **Date of referral:** \_\_\_\_\_

## Consumer Details \*Required to process referral

**Name:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **Gender:**  
 Female  Male  Transgender/ Non Binary/ Gender Diverse  
 Prefer not to answer

**Email Address:** \_\_\_\_\_

**Consumer Address:**  Home  Facility

**Preferred Booking Contact:**  
 Phone  Email  Contact via NOK  Contact via Case Manager

## Next Of Kin Contact Details / Alternative Contact Person \*Required to process referral

**Name:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_ **Alternative Number:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

## Referring Person / Company Details \*Required to process referral

**Name:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

**Company:** \_\_\_\_\_ **Postal Address:** \_\_\_\_\_

**Phone Number:** \_\_\_\_\_

## Payment Type + Invoicing \*Required to process referral

Home Care Package  Private  STRC  CHSP provider  Medicare CDM/EPC  
 Other (please specify) \_\_\_\_\_

**Provider Name:** \_\_\_\_\_ **Invoice Contact Name:** \_\_\_\_\_

**Coordinator's Name:** \_\_\_\_\_ **Email Address for Invoices:** \_\_\_\_\_

## Preferred Appointment Type \*Required to process referral

Location:  Face to face  Telehealth  No preference

Preferred Language: \_\_\_\_\_

Therapist Gender:  Female  Male  No preference

Is an interpreter required?  Yes  No

Regular Unavailability (please provide days and times) Appointments, Care Workers, Etc.

## Referral Details

### Occupational Therapy

#### Occupational Therapy Package options

- Home and Environment Safety Check (2 hours total)
- Base Equipment Package (5 hours total)
- Base Home Modification Package (5 hours total)
- Complex Equipment Package (6 hours total)
- All In One Equipment & Home Modification Package (7 hours total)
- Powered Mobility Device Prescription Package (8 hours total)
- Ramp Home Modification Package (8 hours total)
- Transfer Equipment Package (9 hours total)

The hours of selected package are pre-approved

#### Assessment of:

Mobility and transfers: area \_\_\_\_\_

Falls review: comment \_\_\_\_\_

Equipment review: comment \_\_\_\_\_

Powered Mobility Device or scooter assessment:

Please describe: i.e. Currently driving? Has this person recently been reviewed by GP? When? \_\_\_\_\_

Home safety assessment: area of concern \_\_\_\_\_

Home environment and potential modifications:  
Please describe area of concern i.e. unable to access property (front, back, side), bathroom, toilet, bedroom, garden  
\_\_\_\_\_

Assistive technology

Activities of daily living retraining: please describe  
\_\_\_\_\_

### Dietetics

Dietary assessment

Meal planning

Low or change to appetite

Weight management

Nutrition support (oral supplements and enteral feeding)

Chronic health management

Dysphagia/texture modified diet planning  
(please refer in conjunction with a Speech Pathologist)

### Physiotherapy

#### Physiotherapy Package options

- Steady Steps (3x (1 hour) sessions per week, 12 week)  
Balance and Falls Prevention
  - Joint and Neurological Health (3x (1 hour) sessions per week, 12 week)  
Musculoskeletal & Neurological Wellness
  - Heart and Lung Health (2x (1 hour) sessions per week, 12 week)  
Cardiac and Respiratory Wellness
  - Out and About (2x (1 hour) sessions per week, 8 week)  
Community access and pre/post op care
- The hours of selected package are pre-approved

#### Assessment of:

Pain: body region \_\_\_\_\_

Mobility and transfers: area of concern \_\_\_\_\_

Strength or range of motion: body region \_\_\_\_\_

Falls review: comment \_\_\_\_\_

Post hospitalisation or recent surgery: describe \_\_\_\_\_

Safety in the home: area of home \_\_\_\_\_

Manual Handling Review \_\_\_\_\_

### Speech Pathology

Swallow/Eating/Drinking Support

Mealtime Assessment Plan

Communication Support

Voice Therapy

Dysphagia/texture modified diet planning  
(please refer in conjunction with a Dietitian)

### Podiatry

General Foot Care

Corns, Callus or Pressure Area

Ingrown Nails

Footwear Assessment

Biomechanical assessment for foot pain

Biomechanical assessment for orthotic therapy

**Areas of Concern**

**Consumer Primary Goal**

**Medical History**

**Primary Diagnosis**

**Recent Falls, Surgery or Risks**

**Examples:** Surgery in last 12 months,  
Falls in the last 6 months

**Cognitive Diagnosis**

Dementia, Alzheimer's or specific  
precautions

**Specific Precautions**

**Examples:** Mobility aids, 2 x assist,  
communicable disease

**Other Relevant  
Medical Information**

*\*\*Please use 'Other Relevant Information' on the next page for additional information as required and attach any relevant documentation, care plans and reports.*

**Other Relevant Information\*\***

All referrals to be sent directly to [community@plenahealthcare.com.au](mailto:community@plenahealthcare.com.au) for triage and processing.

Call 136 033 for assistance.